



香港公開大學
THE OPEN UNIVERSITY
OF HONG KONG

護理及健康學院 *School of Nursing and Health Studies*

Bachelor of Nursing with Honours in Mental Health Care

Record of Continuing Clinical Assessment of Nursing Management of Psychiatric Acute Clients

Name of student: _____ Student No.: _____

Hospital: _____ Ward/Unit: _____

Period of Clinical Placement: From: _____ To: _____

1st Attempt Period*: _____ (Wk 1 – 6 of placement)

2nd Attempt Period*: _____ (Wk 7 of placement if 1st attempt fails)

3rd Attempt Period*: _____ (Wk 8 of placement if 2nd attempt fails)

* Delete whichever is inapplicable

Course Code: _____ Course Coordinator: _____

(Rate all items and Put a “✓”in the box)

Assessment Items	Clinical Competency	
	Achieved #	Not achieved #
A. Providing a therapeutic milieu:		
• Carry out ward routine		
• Provide a safe and therapeutic ward environment		
• Use communication skills to communicate with clients, relatives and health care team members		
B. Assessing, planning, implementing and evaluating nursing interventions for clients during acute phase of mental illness:		
• Demonstrate therapeutic attitude		
• Conduct bio-psycho-social assessment of clients		
• Plan and implement nursing interventions to meet bio-psycho-social needs of clients		
• Evaluate outcomes of interventions		
• Administer medications		
• Perform aseptic technique procedures		
C. Providing appropriate nursing interventions for clients who require the following investigations:		
• Laboratory tests		
• Radiological examination		
• Electroencephalography		
D. Providing appropriate nursing interventions for clients who receive the following types of medications and treatment:		
• Anti-psychotic drugs		
• Anti-depressants		
• Mood-stabilizing drugs		
• Anxiolytics and hypnotics		
• Anti-epileptic drugs		
• Electroconvulsive therapy		

(Rate all items and Put a “✓”in the box)

Assessment Items	Clinical Competency	
	Achieved #	Not achieved #
E. Participating in preventing and managing psychiatric emergencies		
F. Participating in admission and discharge of clients according to Mental Health Ordinance:		
• Admission		
• Discharge		
G. Complying with legal, professional and ethical duties to clients and healthcare team:		
• Respect clients' right		
• Implement Patients' Charter		
• Keep confidentiality		
• Being accountable		
• Collaborate with nursing and healthcare team members		

Competency achieved: complete the assessment items safely

Competency not achieved: do not complete the assessment items safely

***Assessment Result :**

Pass **Fail** **(Please put a “✓”in the box)**

*Assessment result: Pass – all assessment items are rated “competency achieved”
 Fail – any one of the assessment items is rated “competency not achieved”

Comment of student:

Comment of CCA assessor:

Signature of student:

Signature of CCA assessor:

Name of student:

Name of CCA assessor:

Date:

Date:

Psychiatric acute nursing

Upon completion of this clinical placement, the students should be able to:

A. Providing a therapeutic milieu:

- Carry out ward routine
 - Daily, weekly and monthly routine
- Provide a safe environment
 - Lighting, temperature and ventilation
 - Fire prevention and fire drill
 - Emergency and first-aid drill
 - Ward security and safety
 - Correct use of equipment and effective use of resources
 - Use and storage of potentially dangerous articles
- Use communication skills to communicate with clients, relatives and healthcare team members
 - Verbal communication
 - Written communication

B. Assessing, planning, implementing and evaluating nursing interventions for clients during acute phase of mental illness:

- Demonstrate therapeutic attitude
 - Accept client non-judgmentally
 - Show respect, patience and empathy
 - Instill a positive attitude to clients and relatives
- Conduct bio-psycho-social assessment of clients
 - Conduct assessment of clients who suffer from :
 - schizophrenia
 - mood disorders

- other psychotic disorders
- Plan and implement nursing interventions to meet bio-psycho-social needs of clients
 - Plan and implement interventions for clients who suffer from:
 - schizophrenia
 - mood disorders
 - other psychotic disorders
- Evaluate outcomes of interventions
 - Evaluate outcomes of interventions for clients who suffer from:
 - schizophrenia
 - mood disorders
 - other psychotic disorders
- Administer medications
 - Prepare clients, medications and equipment
 - Give medications according to medication administration principles
 - Observe condition of clients before and after medication administration
- Perform aseptic technique procedures
 - Prepare clients, antiseptics and equipment
 - Adhere to principles of asepsis throughout the procedures
 - Complete after-care actions of the procedure

C. Providing appropriate nursing interventions for clients who require the following investigations:

- Laboratory tests
 - Blood
 - Urine
 - Faeces
 - Sputum

- Others laboratory tests
- Radiological examination
 - Plain x-ray
 - CT scan
 - Others radiological examinations
- Electroencephalography

D. Providing appropriate nursing interventions for clients who receive the following types of medications and treatment:

- Anti-psychotic drugs
 - Typical antipsychotic drugs (First generation antipsychotic drugs)
 - Atypical antipsychotic drugs (Second generation antipsychotic drugs)
- Anti-depressants
 - Tricyclic antidepressants
 - Monoamine oxidase inhibitors (MAOIs)
 - Selective serotonin reuptake inhibitors (SSRIs)
 - Selective norepinephrine reuptake inhibitors (SNRIs)
 - Other antidepressants
- Mood-stabilizing drugs
 - Lithium
 - Anticonvulsant mood stabilizers
- Anxiolytics and hypnotics
 - Benzodiazepines
 - Non-benzodiazepines
 - Beta-blockers
- Anti-epileptic drugs
 - Commonly prescribed anti-epileptic drugs
- Electroconvulsive therapy

E. Participating in preventing and managing psychiatric emergencies:

- Violence
- Suicide

F. Participating in admission and discharge of clients according to Mental Health Ordinance:

- Admission
 - Voluntary admission
 - Compulsory admission
 - Change legal status of clients admitted under Mental Health Ordinance
- Discharge
 - Discharge of client under Mental Health Ordinance
 - Home leave / day leave

G. Complying with legal, professional and ethical duties to clients and healthcare team:

- Respect clients' right
 - Rights of clients under MHO
- Implement Patients' Charter
 - Rights and responsibilities of a client
- Keep confidentiality
 - Collect, use, disclose and access to client information
- Being accountable
 - Function within own level competency
- Collaborate with nursing and healthcare team members
 - Show respect to nursing and healthcare team members
 - Accept advice from nursing and healthcare team members
 - Participate in multidisciplinary approach of client care